TS 360BP

Automatic Upper Arm (AFib) Blood Pressure Monitor



Measurement Procedure

1. Put in 4 AAA (1.5 V) alkaline batteries
2. Set Year, Date and Time
3. Before measurement, Press < or > button to select User 1, 2 or 3
   Below Pictures for Reference





Press arrow to **change user**

4. Plug the cuff gently and properly.



5. Place your arm on a table. Make sure the cuff is not too loose or too tight.
   You should be able to insert two fingers (4cm) between the cuff and your arm.



- Do not in any way twist the cuff
- Do not press Start/Stop button if the cuff is not wrapped around upper arm

Start the blood pressure measurment **and AFib detection feature**

1. With the cuff wrapped around the upper arm and place the finger gently on the AFib detection area



2. Then make sure the finger cover the AFib detecion area,



- Press START/STOP button to start measurement
- All display units appear on the screen

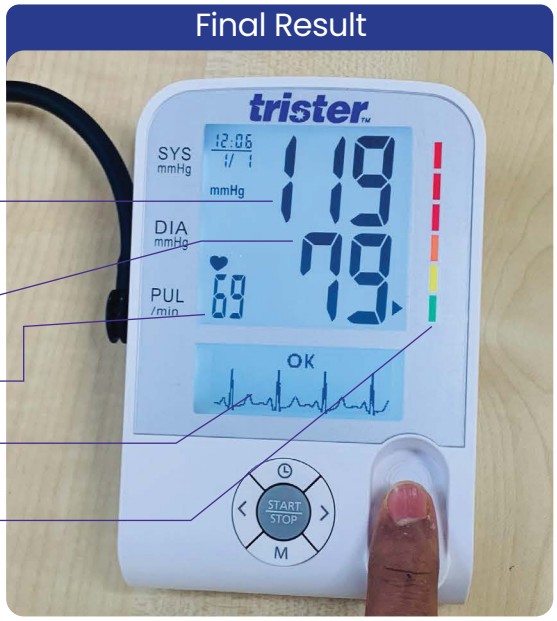
3. After inflation of the cuff, the pressure will slowly decrease. When pulse is detected, PLUSE SYMBOL ♥ flashes.



And Trister BPM will automatically detects your pluse signals by the AFib detecion area. Remain still and do not move until the entire measurement process is completed

4. LCD Screen displays your systolic rate, Diastolic rate, Pulse, BP Category Indicator, AFib Detection feature-related symbol and irregular Heartbeat Detector symbol (if any) with date and time.

Final Result



Systolic Rate

Diastolic Rate

Pulse Rate

One Screen HeartBeat Monitor

WHO BP Classification

To learn more visit **www.trister.com**