trister®
• Convenience • Confidence • Control




# Automatic Upper Arm (AFib) Blood Pressure Monitor

**TS 360BP**

CLINICIAN TESTED & APPROVED

## Why AFib?

Recommend Patients that is designed to detect various **"Arrhythmias"**, especially AFib to deliver deeper insights that can help them to take early intervention to gain control and

**LIVE HEART HEALTHY!**

The **TS360BP** is equipped with **Trister's** unique **AFib Technology**, which makes it possible to detect atrial fibrillation while measuring blood pressure at clinic/home. Two out of three atrial fibrillation related strokes can be prevented if they were diagnosed early and treated accordingly.

Atrial fibrillation has been estimated to cause around 15% of all strokes. This is concerning as much of this is preventable with good treatment. However, many patients don't know that they have atrial fibrillation until it is too late.







Atrial Fibrillation vs Normal Sinus Rhythm on Electrocardiogram. During atrial fibrillation, the heart fails to beat regularly and shows an irregular rhythm on ECGs.

## Did You Know?

People with **Atrial Fibrillation** are at Increased Risk of having a Stroke. In Extreme cases, Atrial Fibrillation can also Lead to Heart Failure.

# Know your Numbers
# Live Heart Healthy

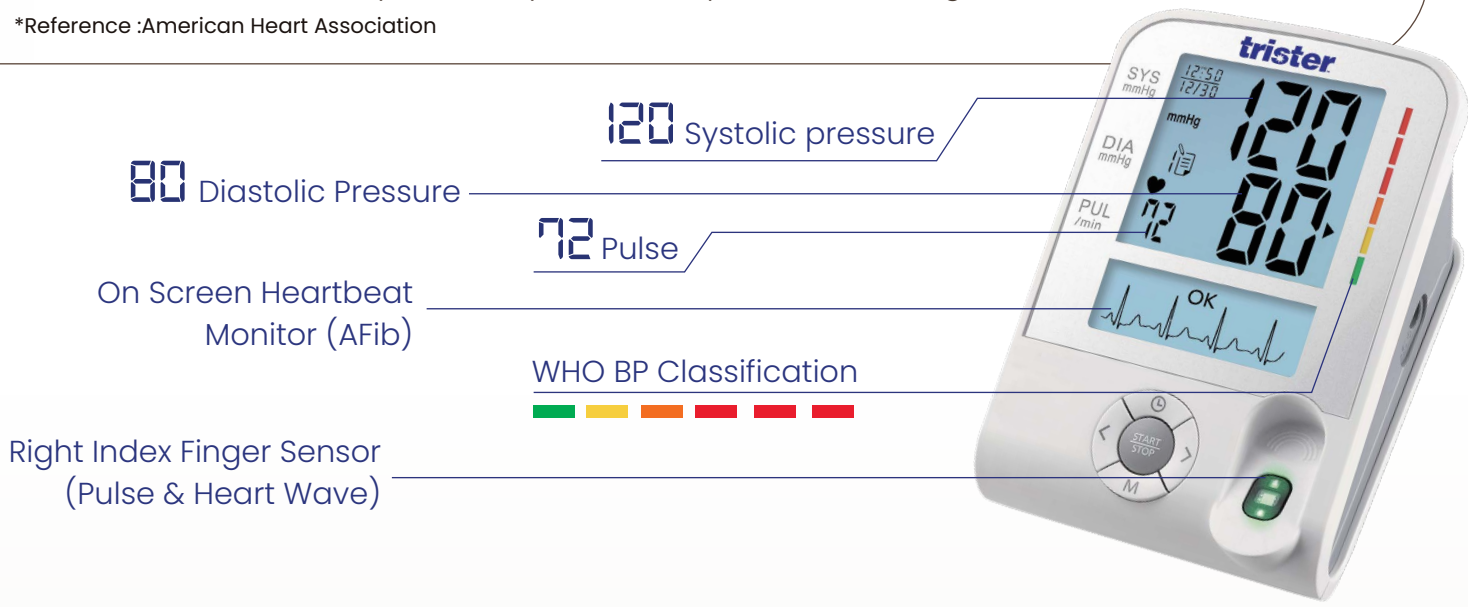
## *Blood Pressure Categories

| Blood Pressure Category | SYSTOLIC mm Hg (upper number) | | DIASTOLIC mm Hg (lower number) |
|---|---|---|---|
| Normal | Less Than 120 | and | Less Than 80 |
| Elevated | 120-129 | and | Less Than 80 |
| High Blood Pressure (Hypertension) Stage 1 | 130-139 | or | 80-89 |
| High Blood Pressure (Hypertension) Stage 2 | 140 or Higher | or | 90 or Higher |
| Hypertensive Crisis (consult your doctor immediatly) | Higher Than 180 | and/or | Higher Than 120 |

**Note:**

A diagnosis of high blood pressure must be confirmed with a medical professional. A doctor should also evaluate any unusually low blood pressure readings.

*Reference :American Heart Association




## PROMOTING **HEART HEALTHY** & **STROKE FREE** SOCIETY

is passionate vision of Trister to which it is committed to support all healthcare professionals, policy makers, administrators, organizations and people in general.

To learn more visit **www.trister.com**

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